

Peninsula Lodge #128 Serving N-Portland Since 1895

# Odds & Ends Community Newsletter

September 2018



David Scheer, Aikido Teacher at Peninsula Odd Fellows

## Community Action Spotlight Aikido and the Odd Fellows

### A Conversation with David Scheer

2000, and became a fully-accredited instructor in 2005.

**O&E:** You teach Aikido at the Odd Fellows Lodge. How long have you been teaching there?

**David:** I've been teaching at the Odd Fellows since 2007.

**O&E:** Why did you choose to teach at Peninsula Odd Fellows Lodge?

**David:** To be honest, it wasn't my idea. My parents were distraught because the Odd Fellows lodge was about to close. There weren't enough members to keep the lodge going. Society was changing. Pancake breakfasts and formal dances were not enough to attract new members anymore.

At the same time, my club at Montavilla was the fastest-growing Yoshokai Aikido school in the country. My parents asked me to move the club to the Odd Fellows so the lodge would have something to attract younger members.

I resisted at first, because I didn't want to lose the good thing I had going at Montavilla. However, when I saw how passionate my parents were about saving their lodge, I realized that there had to be something special about being an Odd Fellow that I just never saw before. That's when I decided to take a leap of faith and start teaching at the lodge.

**O&E:** Is that when you became an Odd Fellow?

**David:** No. I became an Odd Fellow when I turned 16, so technically I've been a member for 38 years. I say technically, because I quit going to meetings by the time I was 18. I thought the lodge was boring. I liked all the charity they did, but I was young and wanted to have fun. The events they had at the lodge just weren't exciting to me.

**O&E:** Has Peninsula Odd Fellows changed much since you first joined?

**O&E:** Thank you, David, for making the time to allow Odds and Ends interview you. We know your schedule is really busy.

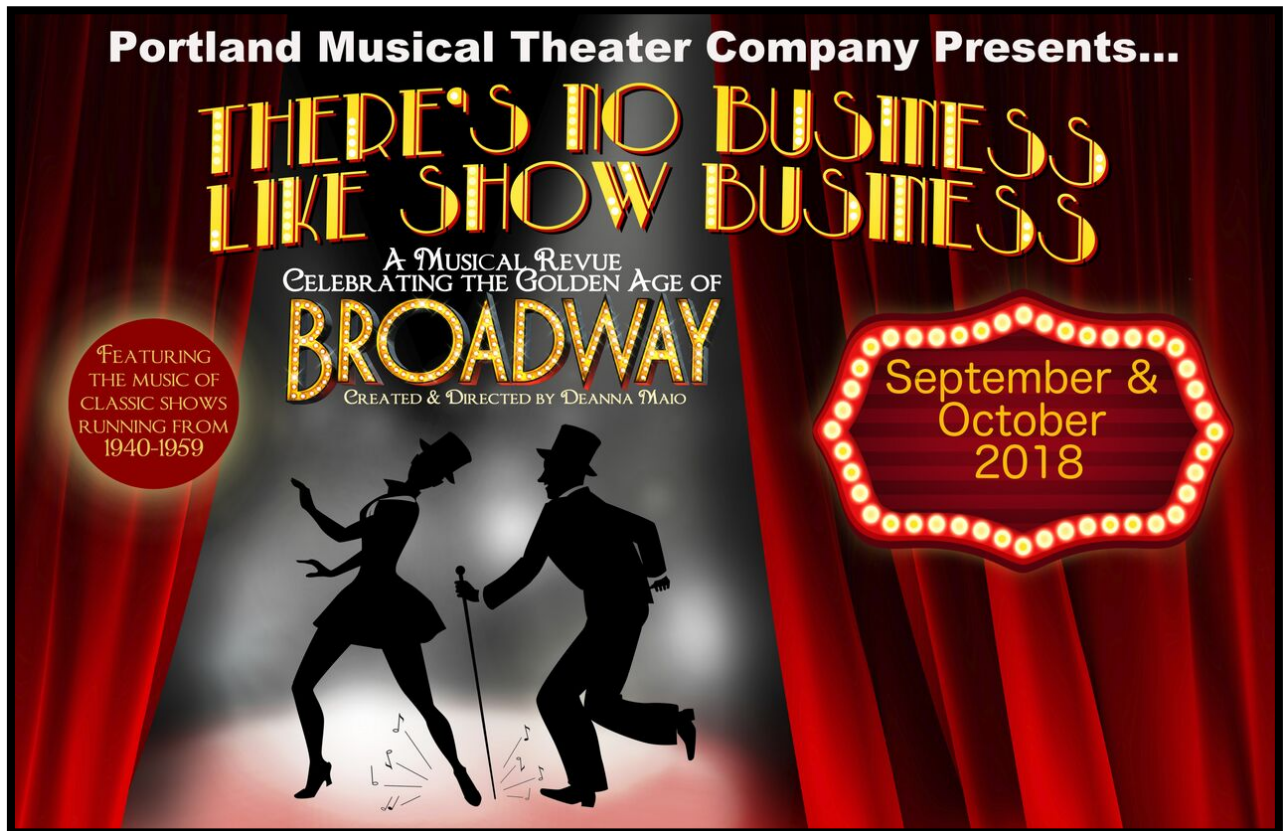
**O&E:** How long have you been an Aikido instructor, or Sensei?

**David:** I started teaching as a student instructor at Montavilla Community Center in 1997.

In Yoshokai Aikido, someone who wants to be an instructor has to learn the Yoshokai teaching method. You do this by studying under the guidance of a fully-certified instructor. There is also an instructor's course called Kenshu. It's an eighty hour course with a mid-term and a final. I was promoted to assistant instructor in

**Continued on page 7**

# Portland Musical Theater Company Announces its Fall Show!



Portland Musical Theater Company is proud to present the Portland premiere of *There's No Business Like Show Business*, opening September 8, 2018 at the Peninsula Odd Fellows Lodge.

*There's No Business Like Show Business* is a two-hour romp through some of the great Broadway musicals of the 1940s and '50s.

With four-part harmonies, laughs, and tender moments, *There's No Business Like Show Business* is more concert than traditional musical. It brings together over 35 Broadway hits from *Guys & Dolls*, *West Side Story*, *My Fair Lady*, *The Music Man*, *Oklahoma*, *South Pacific*, *The Sound of Music*, and more.

The show runs 2 hours, including a 15 minute intermission. Concessions will be available for purchase.

All performances will be held at the Peninsula Odd Fellows Lodge, located at 4834 N. Lombard St., Portland, OR 97203

Tickets are available now and can be purchased at <http://portlandmusicaltheater.org/tickets> or by calling the box office at (971) 225-7469

Ticket prices:

General admission \$24

Seniors \$18

Under 21 \$12

# Donation Drive for New Avenues for Youth



Peninsula Odd Fellows Lodge #128 is sponsoring a donation drive for New Avenues for Youth, to collect basic household necessities for individuals transitioning out of foster care and into their own apartments.

New Avenues for Youth provides services to at-risk and homeless youth, from supporting basic needs like meals and counseling to providing opportunities for education, job training, employment, and housing. Recently, New Avenues for Youth partnered with Bridge Meadows, an inter-generational community in Portsmouth, that has nine family homes and twenty-seven apartments for elders. Bridge Meadows aims to facilitate inter-generational relationships, and seeks to build place, permanence and purpose for foster youth, adoptive parents, and elders.

In partnership with Bridge Meadows, New Avenues will operate the Dorothy Lemelson House & New Meadows program, an innovative housing community

for youth transitioning out of foster care. New Meadows and Bridge Meadows are just 600 feet apart; building these two communities so close to one another is intentional, and meant to facilitate long-lasting relationships between elders and youth. New Meadows will provide a space where youth can gain the life skills necessary for independence, with the support of the program staff and the Bridge Meadows community.

When the youth move into apartments in New Meadows, the goal is to get them off to a good start, and supply them with basic household necessities. Peninsula Odd Fellows are sponsoring a donation drive for New Meadows residents throughout September and early October. Donations can be dropped off Monday through Friday, 12:00-7:00pm at Peninsula Lodge, 4834 N. Lombard St., Monday-Friday, through October 12th.

A celebration to mark the successful end of the drive and all of the generous donations will be held on Sunday, October 14th,

from 12:00-4:00pm at Peninsula Lodge. Additional donations can be brought to the October 14th celebration.

## Suggested Donations

**Kitchen:** dish towels, dish rack, dish soap, coffee maker; **Bedding:** sheets, pillows, comforter; **Bathroom:** shower curtain, bath towels, bath mat; **Personal care:** toiletries, hygiene products; **Laundry:** hamper, laundry detergent; **Cleaning:** broom, mop, sponges, household cleaning supplies; **Office:** notebook, pens, tape, scissors; **Miscellaneous:** basic tool set, flashlight, first aid kit

## Neighborhood Association

board meetings for September



### Portsmouth

September 4, 6:30 pm  
Peninsula Odd Fellows  
4830 N. Lombard St.



### University Park

September 10, 7:00 pm  
Portsmouth Trinity Lutheran  
7119 N. Portsmouth Ave.



# Capoeira Classes at Peninsula Odd Fellows



## Why do Capoeira?

There are truly so many reasons to start doing Capoeira that if one asked every practitioner, each answer would be different. However, here's a short list of reasons to give Capoeira a try:

- Increase fitness, flexibility, strength, and endurance
- Develop rhythm, creativity, and self-expression
- Experience elements of Brazilian culture
- Learn a new language
- Form community & make friends

## What is Capoeira?

Capoeira is a Brazilian martial art that incorporates elements of dance, acrobatics, and music. Originating from the African slaves in Brazil as a movement of resistance against oppression, slaves would train together and have to disguise their training as a

dance. Though Capoeira is in many ways a fight, practitioners call it a game, played between two people within a circle of spectators (or roda), who, through their singing and clapping, give their energy to the pair in the middle.

Capoeira classes at Peninsula Lodge are held every Tuesday and Thursday evening, starting at 7:30pm. These classes are lead by Mestre Dilaho. Mestre Dilaho is from Itabuna, in the Brazilian state of Bahia. He has been teaching Capoeira classes for 30 years, and is respected in Capoeira circles around the world for his techniques and for his knowledge.

## Festival Ginga Moleque

CTE Capoeiragem is very excited to announce its annual event, Festival Ginga Moleque, on September 28 and 29 at Peninsula Odd Fellows. Everyone in the community is invited to come celebrate this event. Adult workshops and Rodas will be on Friday evening starting at 7:00pm, and the main event will be at 4:00pm on Saturday, which will include performances of Capoeira, Maculele, and Samba de Roda by local students.

Come check out Capoeira! The first class is always free.

Tuesdays @ 7:30pm  
Thursdays @ 7:30pm  
Peninsula Lodge  
4834 N. Lombard St.





# Eighth Annual Halloween Carnival Fundraiser for Schools, October 27



On Saturday, October 27, 2018, Peninsula Odd Fellows will host the eighth annual All Fun, No Frights Halloween Carnival. The carnival will run from 11:00 am to 3:00 pm, and all proceeds will be donated directly to local parent-teacher organizations.

This popular event features a variety of games, at which children can win candy and toys. The games cost \$1.00 and vary in difficulty, so every child can experience the thrill of a challenge and still leave a winner. Snacks

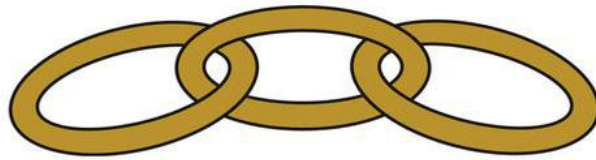
and refreshments are available for purchase.

In addition to the games, there are also arts and crafts activities, Karaoke, and plenty of great photo opportunities. Movie characters mix and mingle with the kids, run games, and pose for pictures. Portland police officers are also on hand, posing for photos and handing out swag bags.

Every cent collected at the carnival is donated to local parent-teacher organizations. When entering the carnival, each child gives the name

of their school. At the end of the event, the total amount raised is divided by the number of children who attended. The parent-teacher organizations receive an equal share for each child that attends from their school. The more children that attend from a given school, the larger the check that the school will receive.

The carnival is held in the upstairs hall of Peninsula Odd Fellows, at 4834 N. Lombard St. Lift chairs are available for accessibility.



# PENINSULA *Odd Fellows*

**Serving North Portland since 1895**

## Classes Offered at Peninsula Odd Fellows

### **Class:**

Aikido – Aikido Portland  
Aikido – Ronin Bushido  
Belly Dance – Dance with Henna  
Capoeira – CTE Capoeiragem  
Dance – Afro KidsWorks  
Dance – Dance-4-Fun  
Dance – Lyrical and Jazz  
First Aid, CPR – LaToya Hampton  
Hula – Uluwehi Halau O Kapukui  
Interplay – Marci Rau  
Jujitsu – Kaishinkai Danzan Ryu  
Zumba® – Monica Robles

### **On the web at:**

AikidoPortland.com  
RoninBushidoAikidoPNW.com  
HennaDances.com  
CTEOregon.Wordpress.com  
facebook.com/bobbyfouther  
Dance4FunPDX.com  
facebook.com/onyourtoeswithkatherinekyte  
safetysideup.com  
HulaDanceLesson.com  
<http://www.interplaypdx.org/events-classes/>  
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facebook.com/monica.myers.7146





#### Continued from page 1

**David:** In many ways it's completely different. A couple years after I started teaching Aikido at the lodge, we added Hula classes. From there everything picked up steam. Now we have three different martial arts, all kinds of dance classes, a group called Interplay, and three theater companies. Each and every group that joins the lodge brings new energy and life.

To be fair, though, I felt that same energy when I used to come to the lodge as a child. It was a different generation with different

interests, and the lodge was different because of it. That's what makes membership here so special. We don't just belong to

the lodge; we own it. We decide how the building will be run, and what activities will take place in it. We pick the charities we are going to support, and decide how to support them. It's very empowering.

**O&E:** In your busy schedule, what do you do when spare time is available?

**David:** Hula! I always wanted to learn, but had no idea how I would find a teacher, or how I would fit it into my schedule. Having a Hula instructor in the lodge solved both those issues. Three times a week I take a midday break from teaching Aikido and go study Hula. I love it!



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# Aikido Portland

First Month Free with this Coupon

Adult Classes \$60/mo  
M-F 6-6:50 PM  
MWF 12 Noon  
4834 N Lombard St • 503-922-2563 • [www.AikidoPortland.com](http://www.AikidoPortland.com)

Youth Classes \$20/mo  
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M-F 5-5:50 PM

## Willamette's End COFFEE

Coffee, Tea, Baked Goods, and Weekend Brunch!

5003A N. Lombard, Portland, OR 97203  
M-F 6:30 to 2:30 / S-S 7:00 to 3:00



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